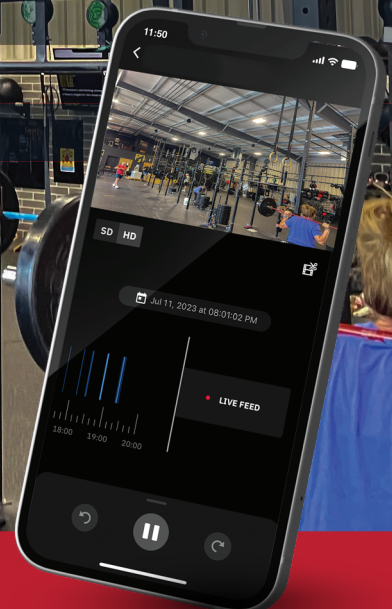


Strength in Security: How a CrossFit Gym Secured Its Warehouse-Style Facility with Key Fob Access and After-Hours Protection with SONITROL CORE.



Introduction

CrossFit Lupos needed a way to grant members access at times that worked for them while also protecting equipment and ensuring members' safety. As a small business owner, Chris Impagliazzo wanted a cost-effective system that would allow him to provide flexible access to the gym and check on the site's security at any time.

Background

CrossFit Lupos owner Chris Impagliazzo had been searching for a security and access control solution that would allow him to protect his 6,000-square-foot gym facility and 175 members while also enabling him to step away from the business when needed to take meetings, run errands, and grow the business. He also wanted to introduce a key fob system that gives members greater flexibility when they go to the gym, offering longer gym opening hours without recruiting additional staff to be on site.



The Challenge

CrossFit Lupos is a large, glass-fronted building with 175 members that offers flexible, round-the-clock access to anyone wishing to work on their strength and conditioning. This includes minors who train with parents or other adults at the gym. Owner Chris Impagliazzo needed a way to remotely monitor the gym while off-site and provide key fobs to members who want flexible access outside of staffed hours.

The large gym occupies much of the 6,000 sq ft. footprint, with the remainder being office space and changing room facilities. The gym's facade is a glass front with five ceiling-to-floor bay doors. The gym's fitness equipment can be expensive to replace if damaged or stolen, and misuse can lead to injury. The security system could provide a way to observe how members were using equipment and confirm what had happened if anything was damaged.



The Solution

CrossFit Lupos uses SONITROL CORE, an all-in-one platform for building security, access control, and video surveillance. With SONITROL CORE, Chris can remotely manage the gym facility, issue key fobs, and receive real-time updates in one centralized, easy-to-use system. The platform has a customizable dashboard accessible via a web browser and Mobile App, offering full remote management for the facility.

For Video Surveillance and Verification, CrossFit Lupos utilizes 3xLOGIC Cloud cameras that integrate seamlessly into the SONITROL CORE system. Live video and playback feeds are available on the CORE platform and the mobile app for viewing anytime.

The Benefits

- 24/7 monitoring and footage that's easily accessible via the Management App and web browser.
- A superior membership experience with key fobs that allow for flexible entry and longer gym hours without staff required, allowing members to feel safe and secure knowing only members are allowed entry.
- Safety is improved with the use of equipment monitored via the system.
- Cameras and access control are integrated into a single portal, leading to time savings and greater efficiency when managing keycards and investigating on-site events.
- Footage can be easily accessed and played back to aid investigations, including one situation where equipment was damaged.

PRODUCTS

SONITROL Audio Sensors, readers, key fobs, and 3xLOGIC Cloud cameras.



"With SONITROL CORE, members get a flexible access experience that fits their needs, and I can work on future growth, with peace of mind that the platform will record and alert me to any situations that require my attention."

Chris Impagliazzo

Owner, CrossFit Lupos

There are plans to invest in the SONITROL CORE system for a neighboring sports complex, which will feature a similar membership-based system that utilizes the platform's key fobs and scheduling features.

